

General information about Church of Uganda Kisiizi Hospital:

There will be a group of volunteers taking part in the professional MDT 2026 Uganda Project. The volunteers will be working at C.O.U Kisiizi Hospital in South West Uganda <http://www.kisiizihospital.org.ug>. C.O.U. Kisiizi Hospital is a 260- bed rural Ugandan hospital located in the village of Kisiizi. The team will work on various projects, building on the work completed 2015-2025 and gain experience in their various disciplines.

The team will stay in The Kisiizi Falls Guest House. They will have safe drinking water, freshly prepared cooked meals, running water and beds with mosquito nets throughout their stay and while travelling to and from the hospital. Wifi is available in Kisiizi and generally works very well, which facilitates communication with the outside world. The team will also have designated contact numbers and volunteers should be able to avail of the option to purchase an inexpensive sim card in the Ugandan capital or local town (Kabale) en route to the hospital and will be reachable at this number during their time in Africa.

The team may avail of the opportunity to visit Lake Bunonyi (Uganda's Deepest Lake) and Queen Elizabeth National Safari Park or Kisoro Mountain Region which are accessible from the hospital on weekends 1 and 2.

CHEEERS:DHT Not For Profit Group is Co-ordinating this Trip

Aileen Kelly, Chairperson of CHEEERS:DHT: Is a Speech & Language Therapist and currently works in Dublin. Aileen has been to Kisiizi with CHEEERS in 2022 and has been a member of the CHEEERS' Board since. Aileen brings leadership, a good knowledge of volunteering, working and travelling safely in Africa to this project.

CHEEERS: DHT also consists of a Board of Trustees: Sinead , Molly Kavanagh (Communications Specialist), Róisín O'Murray, Sinead O'aHogartaigh & Amy Rennie (Speech and Language Therapists), Enda Larkin (Biomedical Engineer), Joe Noonan & Conor Stout (Physiotherapists), Áine Carthy & Ella- Louise Taylor (Occupational Therapists), Emma Pearson (Dietitian) and Pat Leahy (Financial Expert/ Former Banker). CHEEERS: DHT is also advised by legal professionals and other professionals working in the development and health-care sector within Ireland and CHEEERS: DHT is a signatory to the Comlámh Code of Good Practice for Volunteer Sending Agencies.

Trip Flight Details:

- Flights costing €800 to €1000 return Dub to Kigali (estimate based on previous year costs)
- Will fly with Ethiopian, KLM, Emirates or Turkish Airline depending on prices and times etc.
- Baggage Allowance: Baggage allowance of 30kg for personal belongings and project supplies.

Accommodation:

Volunteers will be staying at the following address while in Kisiizi:

- C.O.U Kisiizi Hospital, Kisiizi Falls Guest House, P.O. Box 109, Kabale, Uganda.

Vaccinations/ Anti Malarials/ Travel insurance:

Travel Vaccinations and Anti Malarials via TMB or possibly via Occupational Health or personal contacts.

- Details of vaccinations required for travel to Uganda available here:

<http://www.tmb.ie/destinations/vaccinations-for-uganda>

- All team members will be required to travel on their own travel insurance and at your own risk as if you were participating in a normal personal trip abroad. CHEEERS: DHT accepts no liability for individuals travelling with our organisation.

Emergency Contacts:

Should an incident occur at home and you need to contact a member of the team urgently (and cannot reach them through their personal mobile number), you can contact the Emergency Contact numbers below and that person will be able to reach the team.

CHEEERS: DHT Emergency Contact Details should an incident arise and you need to reach someone within the team:

Aileen Kelly: Irish Phone: +353877530476 and email: CHEEERS.Chairperson@gmail.com

Local Partner NGO (EMERGENCY ONLY): +256392700806

Embassy/ Consulate details:

Irish Citizens travelling to Uganda are encouraged to register their details with Department of Foreign Affairs via the online form: <https://www.dfa.ie/travel/citizens-registration/> . Volunteers will need the address of accommodation and local contact points for completing this registration form.

If you have any queries pre-departure don't hesitate to contact Aileen at the details below.

Kind Regards,

Aileen Kelly

On behalf of the CHEEERS: Developing Healthcare Together team.